

B かけ暗算 (No. 2 1 ~ No. 5 0)

B かけ暗算 (150点)	点
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21	$56 \div 87 =$
22	$93 \times 548 =$
23	$782 \times 85 =$
24	$273 \times 34 =$
25	$67 \times 910 =$
26	$82 \times 314 =$
27	$34 \times 532 =$
28	$169 \times 71 =$
29	$62 \times 395 =$
30	$258 \times 16 =$
31	$574 \times 25 =$
32	$32 \times 981 =$
33	$520 \times 84 =$
34	$45 \times 253 =$
35	$94 \times 329 =$
36	$496 \times 97 =$
37	$19 \times 702 =$
38	$41 \times 921 =$
39	$108 \times 62 =$
40	$895 \times 26 =$
41	$947 \times 61 =$
42	$752 \times 16 =$
43	$36 \times 721 =$
44	$712 \times 35 =$
45	$24 \times 679 =$
46	$49 \times 30 =$
47	$762 \times 98 =$
48	$97 \times 790 =$
49	$69 \times 842 =$
50	$213 \times 97 =$

C わり暗算 (No. 5 1 ~ No. 8 0)

C わり暗算 (150点)	点
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51	$32,895 \div 645 =$
52	$15,987 \div 219 =$
53	$15,910 \div 86 =$
54	$16,856 \div 602 =$
55	$11,730 \div 15 =$
56	$28,998 \div 358 =$
57	$26,394 \div 83 =$
58	$46,364 \div 692 =$
59	$16,740 \div 18 =$
60	$50,784 \div 96 =$
61	$9,120 \div 608 =$
62	$79,772 \div 814 =$
63	$11,106 \div 18 =$
64	$20,079 \div 873 =$
65	$58,058 \div 91 =$
66	$19,176 \div 204 =$
67	$22,540 \div 98 =$
68	$32,294 \div 482 =$
69	$12,740 \div 91 =$
70	$9,795 \div 15 =$
71	$29,224 \div 562 =$
72	$3,328 \div 128 =$
73	$32,235 \div 35 =$
74	$56,172 \div 906 =$
75	$18,048 \div 32 =$
76	$71,328 \div 96 =$
77	$38,896 \div 748 =$
78	$33,303 \div 51 =$
79	$4,164 \div 12 =$
80	$20,592 \div 429 =$

(練習 - 001)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 001)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算
(200点)

点

No	1	2	3	4	5
1	429	845	765	852	768
2	294	257	807	196	907
3	160	925	-470	942	-348
4	947	721	-178	841	-597
5	782	847	906	125	890
6	467	794	640	257	714
7	389	378	289	420	-263
8	230	954	-427	354	-364
9	935	269	-134	720	429
10	302	461	283	976	654
計					

No	11	12	13	14	15
1	378	346	851	749	987
2	872	469	719	956	653
3	584	391	-123	690	-190
4	139	628	-486	938	-315
5	582	916	649	569	679
6	905	645	790	804	820
7	310	570	-108	718	-579
8	649	351	-245	859	-394
9	170	590	864	158	538
10	716	723	478	675	450
計					

No	6	7	8	9	10
1	794	539	904	513	408
2	471	867	278	764	205
3	372	-268	130	-267	371
4	803	-587	901	-348	632
5	510	706	830	675	348
6	752	873	159	960	735
7	193	-236	201	495	319
8	712	-349	569	-540	195
9	346	647	107	-248	436
10	825	418	963	543	635
計					

No	16	17	18	19	20
1	561	734	814	654	657
2	703	598	473	839	389
3	127	-350	501	-245	986
4	369	-235	697	-407	148
5	691	931	730	526	516
6	315	738	175	825	801
7	601	691	918	580	263
8	803	-502	126	-268	834
9	410	-126	652	-475	507
10	213	278	516	579	413
計					

B かけ暗算 (No. 2 1 ~ No. 5 0)

B かけ暗算 (150点) 点

21	$904 \times 23 =$
22	$61 \times 382 =$
23	$835 \times 48 =$
24	$43 \times 926 =$
25	$85 \times 268 =$
26	$750 \times 86 =$
27	$35 \times 203 =$
28	$16 \times 498 =$
29	$431 \times 57 =$
30	$716 \times 62 =$
31	$583 \times 97 =$
32	$386 \times 29 =$
33	$82 \times 310 =$
34	$170 \times 81 =$
35	$86 \times 967 =$
36	$75 \times 598 =$
37	$329 \times 81 =$
38	$91 \times 723 =$
39	$34 \times 931 =$
40	$165 \times 68 =$
41	$528 \times 76 =$
42	$931 \times 61 =$
43	$53 \times 210 =$
44	$308 \times 92 =$
45	$27 \times 480 =$
46	$15 \times 609 =$
47	$908 \times 14 =$
48	$63 \times 560 =$
49	$58 \times 315 =$
50	$295 \times 82 =$

C わり暗算 (No. 5 1 ~ No. 8 0)

C わり暗算 (150点) 点

51	$71,932 \div 734 =$
52	$18,270 \div 58 =$
53	$38,804 \div 436 =$
54	$4,693 \div 13 =$
55	$71,148 \div 98 =$
56	$7,257 \div 123 =$
57	$16,236 \div 41 =$
58	$23,594 \div 94 =$
59	$36,792 \div 657 =$
60	$34,686 \div 738 =$
61	$40,188 \div 591 =$
62	$11,004 \div 917 =$
63	$18,170 \div 23 =$
64	$65,658 \div 706 =$
65	$20,384 \div 32 =$
66	$18,450 \div 738 =$
67	$13,598 \div 26 =$
68	$5,550 \div 370 =$
69	$37,611 \div 63 =$
70	$24,535 \div 35 =$
71	$24,064 \div 512 =$
72	$10,912 \div 176 =$
73	$41,265 \div 45 =$
74	$40,420 \div 940 =$
75	$61,420 \div 74 =$
76	$14,191 \div 23 =$
77	$24,253 \div 307 =$
78	$35,547 \div 41 =$
79	$20,196 \div 34 =$
80	$7,020 \div 468 =$

(練習 - 002)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みどり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 002)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算
(200点)

点

No	1	2	3	4	5
1	647	403	615	183	859
2	720	571	794	796	931
3	879	634	-207	970	-405
4	146	936	-586	109	-153
5	964	867	703	783	705
6	516	148	834	850	852
7	491	839	987	364	408
8	962	901	-305	691	-174
9	197	135	-150	428	-209
10	374	387	982	820	491
計					

No	11	12	13	14	15
1	518	825	768	764	613
2	274	310	582	475	587
3	348	873	-345	630	-256
4	671	532	-418	853	-364
5	140	451	659	582	681
6	691	238	582	609	910
7	763	456	-417	567	428
8	832	250	-580	189	-271
9	563	143	798	732	-134
10	935	384	913	243	892
計					

No	6	7	8	9	10
1	807	589	731	735	715
2	210	614	249	947	392
3	629	-163	536	-514	269
4	731	-509	931	-365	623
5	954	630	782	601	304
6	198	915	650	864	172
7	413	-136	289	497	374
8	901	-413	507	-296	703
9	573	975	659	-154	145
10	847	697	163	875	316
計					

No	16	17	18	19	20
1	582	614	758	928	864
2	498	816	329	863	750
3	152	-163	673	-395	345
4	431	-419	798	-206	729
5	902	528	162	915	152
6	628	704	764	614	387
7	165	239	203	942	576
8	769	-478	492	-426	467
9	306	-361	973	-574	140
10	204	908	867	320	612
計					

B かけ暗算 (No. 2 1 ~No. 5 0)

B かけ暗算 (150点)	点
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21	$97 / \times 75 =$
22	$827 \times 63 =$
23	$79 \times / 47 =$
24	$926 \times 53 =$
25	$29 \times 602 =$
26	$704 \times 85 =$
27	$25 \times 38 / =$
28	$4 / 6 \times 67 =$
29	$94 \times 364 =$
30	$46 \times 25 / =$
31	$647 \times 96 =$
32	$429 \times 63 =$
33	$67 \times 569 =$
34	$80 / \times 7 / =$
35	$28 \times 325 =$
36	$/ 4 \times 749 =$
37	$423 \times 6 / =$
38	$85 \times 256 =$
39	$64 \times 754 =$
40	$296 \times 9 / =$
41	$943 \times 63 =$
42	$52 \times / 28 =$
43	$209 \times 45 =$
44	$483 \times 53 =$
45	$98 \times / 92 =$
46	$29 \times 745 =$
47	$6 / \times 974 =$
48	$952 \times 76 =$
49	$79 \times 47 / =$
50	$8 / 4 \times 78 =$

C わり暗算 (No. 5 1 ~No. 8 0)

C わり暗算 (150点)	点
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51	$2 / , 443 \div 523 =$
52	$/ 3,845 \div 65 =$
53	$49, / 30 \div 578 =$
54	$62,0 / 6 \div 8 / 6 =$
55	$5,369 \div / 3 =$
56	$/ 0,640 \div 56 =$
57	$24,948 \div 27 =$
58	$4 / , / 75 \div 9 / 5 =$
59	$67,562 \div 74 =$
60	$7,966 \div 569 =$
61	$9,646 \div 37 / =$
62	$/ 3,338 \div / 8 =$
63	$25,850 \div 275 =$
64	$4 / , 082 \div 50 / =$
65	$48,638 \div 83 =$
66	$20,720 \div 28 =$
67	$33,654 \div 79 =$
68	$3,825 \div / 53 =$
69	$72,200 \div 95 =$
70	$6 / , / 72 \div 746 =$
71	$/ 5,538 \div 9 / 4 =$
72	$58,930 \div 7 / 0 =$
73	$/ 6, / 82 \div 62 =$
74	$3 / , 390 \div 430 =$
75	$68,780 \div 76 =$
76	$/ 0,659 \div 57 =$
77	$7, / 02 \div / 34 =$
78	$52,572 \div 78 =$
79	$68,8 / 6 \div 92 =$
80	$40, / 85 \div 893 =$

(練習 - 003)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 003)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算
(200点)

点

No	1	2	3	4	5
1	384	971	692	569	804
2	102	305	957	945	620
3	826	274	-279	476	-328
4	910	357	-160	209	-175
5	179	850	982	692	684
6	683	296	869	509	523
7	541	389	138	961	129
8	240	164	-536	845	-451
9	653	780	-139	709	-258
10	921	314	584	695	692
計					

No	11	12	13	14	15
1	154	782	691	409	753
2	609	468	952	968	649
3	326	640	-250	627	-498
4	519	594	-563	275	-274
5	497	630	960	109	807
6	283	501	824	781	629
7	597	750	976	952	-137
8	786	539	-159	437	-489
9	630	193	-578	843	695
10	785	327	683	431	130
計					

No	6	7	8	9	10
1	451	871	324	761	983
2	915	649	719	562	238
3	891	-342	932	-156	196
4	764	-401	493	-358	974
5	561	584	794	786	531
6	827	697	931	572	605
7	710	-502	472	241	560
8	906	-406	187	-127	762
9	570	619	801	-240	654
10	916	457	328	725	180
計					

No	16	17	18	19	20
1	683	924	431	798	241
2	418	592	639	593	329
3	596	-298	950	-340	531
4	185	-502	268	-146	748
5	384	936	147	965	693
6	506	798	328	528	816
7	231	-426	647	817	609
8	592	-182	936	-413	276
9	854	567	867	-375	307
10	698	910	374	709	948
計					

B かけ暗算 (No. 2 1 ~No. 5 0)

C わり暗算 (No. 5 1 ~No. 8 0)

B かけ暗算 (150点)		点
21	$624 \times 49 =$	
22	$960 \times 64 =$	
23	$65 \times 72 =$	
24	$850 \times 94 =$	
25	$46 \times 620 =$	
26	$395 \times 93 =$	
27	$24 \times 134 =$	
28	$812 \times 46 =$	
29	$13 \times 607 =$	
30	$27 \times 328 =$	
31	$629 \times 94 =$	
32	$12 \times 230 =$	
33	$285 \times 74 =$	
34	$36 \times 413 =$	
35	$964 \times 14 =$	
36	$32 \times 760 =$	
37	$820 \times 12 =$	
38	$49 \times 623 =$	
39	$536 \times 48 =$	
40	$72 \times 914 =$	
41	$859 \times 63 =$	
42	$38 \times 496 =$	
43	$139 \times 95 =$	
44	$298 \times 54 =$	
45	$15 \times 237 =$	
46	$38 \times 513 =$	
47	$67 \times 240 =$	
48	$592 \times 89 =$	
49	$79 \times 315 =$	
50	$426 \times 81 =$	

C わり暗算 (150点)		点
51	$27,790 \div 794 =$	
52	$11,100 \div 150 =$	
53	$71,896 \div 76 =$	
54	$70,299 \div 963 =$	
55	$32,640 \div 68 =$	
56	$23,712 \div 76 =$	
57	$47,709 \div 589 =$	
58	$34,944 \div 84 =$	
59	$73,075 \div 79 =$	
60	$21,432 \div 376 =$	
61	$22,649 \div 781 =$	
62	$27,196 \div 523 =$	
63	$81,356 \div 86 =$	
64	$20,093 \div 283 =$	
65	$71,994 \div 78 =$	
66	$85,529 \div 961 =$	
67	$16,356 \div 29 =$	
68	$13,188 \div 471 =$	
69	$19,994 \div 26 =$	
70	$62,230 \div 98 =$	
71	$7,384 \div 104 =$	
72	$28,518 \div 42 =$	
73	$38,710 \div 395 =$	
74	$5,307 \div 29 =$	
75	$28,576 \div 47 =$	
76	$22,630 \div 310 =$	
77	$29,309 \div 79 =$	
78	$55,272 \div 56 =$	
79	$9,030 \div 602 =$	
80	$14,664 \div 564 =$	

(練習 - 004)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 004)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算 (200点)	点
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No	1	2	3	4	5
1	987	741	597	693	532
2	841	186	742	485	603
3	518	743	-124	374	-530
4	750	806	-369	419	-172
5	954	938	520	134	618
6	816	723	847	812	523
7	615	532	-380	743	602
8	907	871	-431	109	-423
9	319	273	534	931	-287
10	458	318	865	143	408
計					

No	11	12	13	14	15
1	415	786	862	912	679
2	548	321	978	193	903
3	359	534	-413	582	-317
4	497	970	-578	274	-461
5	860	742	621	950	814
6	534	185	806	708	973
7	458	752	519	987	-329
8	864	925	-425	436	-457
9	135	489	-584	908	209
10	427	528	745	594	658
計					

No	6	7	8	9	10
1	382	748	857	697	126
2	789	852	980	580	458
3	973	-426	245	-389	753
4	501	-290	479	-267	168
5	125	815	674	705	427
6	301	697	729	640	384
7	285	261	290	597	428
8	392	-147	105	-246	192
9	793	-480	932	-403	208
10	874	317	845	167	835
計					

No	16	17	18	19	20
1	963	782	123	531	324
2	452	584	206	670	872
3	801	-208	470	-518	465
4	940	-382	358	-237	350
5	632	625	876	904	493
6	274	752	751	791	265
7	407	529	387	-238	826
8	280	-394	296	-437	934
9	348	-295	634	350	571
10	826	321	239	728	916
計					

B かけ暗算 (No. 2 1 ~ No. 5 0)

B かけ暗算 (150点)		点
21	$29 \times 97 =$	
22	$43 \times 302 =$	
23	$187 \times 84 =$	
24	$34 \times 625 =$	
25	$467 \times 54 =$	
26	$26 \times 743 =$	
27	$637 \times 31 =$	
28	$35 \times 639 =$	
29	$840 \times 34 =$	
30	$73 \times 160 =$	
31	$407 \times 84 =$	
32	$38 \times 758 =$	
33	$905 \times 23 =$	
34	$89 \times 430 =$	
35	$98 \times 386 =$	
36	$465 \times 64 =$	
37	$52 \times 107 =$	
38	$91 \times 260 =$	
39	$342 \times 72 =$	
40	$953 \times 18 =$	
41	$649 \times 53 =$	
42	$340 \times 17 =$	
43	$68 \times 451 =$	
44	$784 \times 94 =$	
45	$45 \times 231 =$	
46	$758 \times 87 =$	
47	$59 \times 134 =$	
48	$951 \times 89 =$	
49	$74 \times 310 =$	
50	$86 \times 632 =$	

C わり暗算 (No. 5 1 ~ No. 8 0)

C わり暗算 (150点)		点
51	$45,201 \div 793 =$	
52	$64,436 \div 89 =$	
53	$33,375 \div 375 =$	
54	$4,342 \div 67 =$	
55	$34,086 \div 46 =$	
56	$15,872 \div 31 =$	
57	$9,035 \div 13 =$	
58	$21,320 \div 820 =$	
59	$43,962 \div 51 =$	
60	$22,248 \div 412 =$	
61	$9,750 \div 650 =$	
62	$25,296 \div 816 =$	
63	$13,345 \div 17 =$	
64	$19,734 \div 429 =$	
65	$49,290 \div 93 =$	
66	$35,510 \div 530 =$	
67	$20,444 \div 38 =$	
68	$29,578 \div 643 =$	
69	$21,033 \div 41 =$	
70	$35,902 \div 58 =$	
71	$9,808 \div 613 =$	
72	$11,520 \div 240 =$	
73	$21,004 \div 89 =$	
74	$51,546 \div 726 =$	
75	$8,000 \div 32 =$	
76	$12,528 \div 783 =$	
77	$42,238 \div 98 =$	
78	$11,596 \div 892 =$	
79	$11,340 \div 15 =$	
80	$53,088 \div 79 =$	

(練習 - 005)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みどり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 005)

1 級

A みとの暗算 (No. 1 ~ No. 20)

名前

A みとの暗算
(200点)

点

No	1	2	3	4	5
1	238	143	954	137	941
2	896	791	735	493	510
3	918	398	-367	951	-284
4	590	271	-108	617	-573
5	396	724	671	306	684
6	423	123	824	691	759
7	967	478	-308	310	-254
8	248	184	-167	936	-431
9	412	812	351	721	210
10	306	468	697	804	852
計					

No	11	12	13	14	15
1	763	817	598	793	674
2	317	375	604	176	970
3	629	687	-205	531	-491
4	806	516	-351	849	-540
5	932	637	950	958	638
6	635	568	863	371	913
7	802	492	324	763	-574
8	923	304	-247	639	-469
9	327	947	-130	186	351
10	658	602	728	614	539
計					

No	6	7	8	9	10
1	985	549	346	673	935
2	189	910	562	976	521
3	468	-548	376	-425	842
4	623	-274	579	-139	924
5	852	620	684	756	780
6	165	784	896	648	136
7	670	826	692	426	813
8	864	-527	489	-520	239
9	920	-268	832	-382	140
10	865	805	789	976	583
計					

No	16	17	18	19	20
1	453	512	945	573	364
2	268	738	791	875	645
3	129	-279	297	-293	984
4	267	-462	841	-120	280
5	974	573	689	596	473
6	683	659	153	748	698
7	290	175	596	325	863
8	831	-437	764	-267	467
9	253	-180	927	-189	539
10	507	847	794	365	802
計					

B かけ暗算 (No. 2 1 ~ No. 5 0)

B かけ暗算 (150点)	点
---------------------	---

21	$589 \times 63 =$
22	$91 \times 540 =$
23	$374 \times 87 =$
24	$43 \times 264 =$
25	$291 \times 39 =$
26	$56 \times 190 =$
27	$493 \times 37 =$
28	$95 \times 548 =$
29	$367 \times 71 =$
30	$95 \times 628 =$
31	$857 \times 16 =$
32	$438 \times 31 =$
33	$26 \times 407 =$
34	$647 \times 93 =$
35	$14 \times 209 =$
36	$372 \times 82 =$
37	$21 \times 518 =$
38	$358 \times 82 =$
39	$51 \times 734 =$
40	$49 \times 328 =$
41	$846 \times 53 =$
42	$57 \times 176 =$
43	$329 \times 42 =$
44	$840 \times 59 =$
45	$79 \times 856 =$
46	$48 \times 912 =$
47	$81 \times 753 =$
48	$673 \times 45 =$
49	$47 \times 143 =$
50	$372 \times 82 =$

C わり暗算 (No. 5 1 ~ No. 8 0)

C わり暗算 (150点)	点
---------------------	---

51	$76,752 \div 936 =$
52	$10,488 \div 23 =$
53	$56,842 \div 586 =$
54	$58,719 \div 69 =$
55	$48,069 \div 763 =$
56	$58,408 \div 98 =$
57	$20,385 \div 453 =$
58	$32,574 \div 61 =$
59	$19,062 \div 706 =$
60	$45,080 \div 92 =$
61	$23,868 \div 459 =$
62	$17,010 \div 945 =$
63	$15,912 \div 26 =$
64	$21,390 \div 690 =$
65	$39,688 \div 41 =$
66	$9,106 \div 29 =$
67	$52,650 \div 702 =$
68	$31,654 \div 34 =$
69	$27,966 \div 79 =$
70	$14,518 \div 854 =$
71	$26,585 \div 409 =$
72	$22,716 \div 631 =$
73	$8,424 \div 18 =$
74	$6,351 \div 219 =$
75	$60,270 \div 82 =$
76	$34,650 \div 75 =$
77	$55,510 \div 854 =$
78	$30,765 \div 35 =$
79	$24,180 \div 93 =$
80	$26,660 \div 310 =$

(練習 - 006)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みどり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 006)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算
(200点)

点

No	1	2	3	4	5
1	384	108	683	968	916
2	685	249	734	390	839
3	486	913	-309	748	-537
4	734	236	-135	295	-421
5	402	768	648	832	873
6	324	592	953	247	916
7	412	475	278	375	-293
8	895	312	-381	670	-316
9	391	284	-598	718	629
10	905	176	789	241	591
計					

No	11	12	13	14	15
1	218	268	753	135	925
2	429	463	902	379	514
3	180	364	-179	135	-390
4	698	415	-240	812	-215
5	352	540	658	158	563
6	641	765	974	953	750
7	718	187	418	180	628
8	915	348	-271	905	-476
9	502	985	-572	807	-270
10	814	467	196	972	683
計					

No	6	7	8	9	10
1	709	978	524	758	586
2	803	627	765	614	182
3	409	-425	497	-401	650
4	384	-387	928	-540	517
5	473	642	704	813	178
6	281	920	839	701	382
7	805	618	305	-267	495
8	921	-480	480	-368	579
9	608	-324	218	109	298
10	506	108	830	870	319
計					

No	16	17	18	19	20
1	432	517	723	987	408
2	938	950	670	850	817
3	430	-473	723	-571	201
4	379	-381	534	-309	826
5	251	897	726	913	631
6	546	913	974	835	943
7	902	506	458	368	376
8	419	-132	582	-137	923
9	184	-471	891	-568	340
10	638	695	169	184	937
計					

B かけ暗算 (No. 2 1 ~ No. 5 0)

B かけ暗算 (150点) 点

21	$7/3 \times 1/6 =$
22	$354 \times 57 =$
23	$2/ \times 460 =$
24	$805 \times 26 =$
25	$68 \times 483 =$
26	$374 \times 67 =$
27	$93 \times 4/5 =$
28	$46/ \times 79 =$
29	$26 \times 948 =$
30	$92 \times 604 =$
31	$823 \times 47 =$
32	$98 \times 260 =$
33	$1/50 \times 92 =$
34	$37 \times 2/4 =$
35	$260 \times 56 =$
36	$46 \times 680 =$
37	$795 \times 93 =$
38	$63 \times 235 =$
39	$594 \times 73 =$
40	$39 \times 574 =$
41	$467 \times 92 =$
42	$1/49 \times 64 =$
43	$3/ \times 753 =$
44	$405 \times 1/2 =$
45	$63 \times 704 =$
46	$978 \times 32 =$
47	$52 \times 42/ =$
48	$764 \times 28 =$
49	$53 \times 490 =$
50	$82 \times 962 =$

C わり暗算 (No. 5 1 ~ No. 8 0)

C わり暗算 (150点) 点

51	$10,985 \div 169 =$
52	$46,366 \div 97 =$
53	$21,805 \div 245 =$
54	$59,334 \div 93 =$
55	$6,293 \div 3/ =$
56	$9,715 \div 1/45 =$
57	$24,433 \div 53 =$
58	$7,548 \div 37 =$
59	$29,289 \div 75/ =$
60	$32,578 \div 358 =$
61	$4,828 \div 284 =$
62	$44,588 \div 628 =$
63	$41,998 \div 46 =$
64	$25,092 \div 697 =$
65	$7,498 \div 46 =$
66	$9,316 \div 17 =$
67	$50,991 \div 739 =$
68	$26,566 \div 37 =$
69	$19,032 \div 6/ =$
70	$8,236 \div 1/42 =$
71	$49,840 \div 560 =$
72	$24,480 \div 36 =$
73	$36,450 \div 8/0 =$
74	$1/7,784 \div 26 =$
75	$22,638 \div 98 =$
76	$22,932 \div 273 =$
77	$6,352 \div 1/6 =$
78	$83,130 \div 85 =$
79	$10,304 \div 184 =$
80	$22,815 \div 507 =$

(練習 - 007)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 007)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算
(200点)

点

No	1	2	3	4	5
1	845	942	731	692	743
2	728	207	839	124	628
3	956	472	-438	780	-321
4	891	574	-287	461	-496
5	780	703	702	290	807
6	263	419	864	981	530
7	762	281	-437	804	-354
8	531	957	-579	650	-476
9	247	710	416	257	917
10	385	375	540	745	754
計					

No	11	12	13	14	15
1	154	132	647	943	625
2	796	769	970	148	746
3	653	246	-324	927	-478
4	814	730	-423	718	-236
5	782	284	968	672	812
6	234	915	752	915	543
7	591	690	470	869	267
8	308	738	-205	216	-138
9	876	587	-364	327	-597
10	148	740	239	142	104
計					

No	6	7	8	9	10
1	469	621	427	801	478
2	841	803	940	950	597
3	682	-450	249	-438	249
4	930	-124	704	-512	895
5	348	760	127	967	546
6	512	521	972	620	793
7	456	-325	357	-382	692
8	948	-451	231	-436	407
9	895	503	709	895	930
10	927	360	916	148	819
計					

No	16	17	18	19	20
1	918	861	683	625	157
2	195	586	450	524	391
3	643	-219	857	-426	173
4	274	-428	134	-248	209
5	468	870	807	857	305
6	327	724	573	980	134
7	735	-530	128	-238	987
8	307	-305	605	-351	394
9	925	960	516	168	135
10	634	861	912	397	302
計					

B かけ暗算 (No. 2 1 ~No. 5 0)

C わり暗算 (No. 5 1 ~No. 8 0)

B かけ暗算 (150点)		点
21	$369 \times 12 =$	
22	$230 \times 87 =$	
23	$96 \times 691 =$	
24	$375 \times 16 =$	
25	$56 \times 732 =$	
26	$162 \times 27 =$	
27	$58 \times 428 =$	
28	$723 \times 96 =$	
29	$31 \times 809 =$	
30	$63 \times 240 =$	
31	$142 \times 93 =$	
32	$461 \times 69 =$	
33	$85 \times 351 =$	
34	$763 \times 42 =$	
35	$51 \times 814 =$	
36	$25 \times 649 =$	
37	$682 \times 43 =$	
38	$73 \times 695 =$	
39	$36 \times 234 =$	
40	$618 \times 97 =$	
41	$739 \times 13 =$	
42	$92 \times 419 =$	
43	$396 \times 81 =$	
44	$23 \times 746 =$	
45	$459 \times 59 =$	
46	$32 \times 167 =$	
47	$740 \times 29 =$	
48	$19 \times 391 =$	
49	$495 \times 63 =$	
50	$27 \times 910 =$	

C わり暗算 (150点)		点
51	$44,016 \div 524 =$	
52	$11,286 \div 627 =$	
53	$39,757 \div 83 =$	
54	$28,728 \div 378 =$	
55	$9,435 \div 51 =$	
56	$17,071 \div 43 =$	
57	$67,320 \div 792 =$	
58	$56,616 \div 84 =$	
59	$18,957 \div 71 =$	
60	$17,405 \div 295 =$	
61	$19,752 \div 823 =$	
62	$25,299 \div 27 =$	
63	$20,242 \div 349 =$	
64	$7,380 \div 12 =$	
65	$83,781 \div 87 =$	
66	$22,764 \div 271 =$	
67	$5,400 \div 36 =$	
68	$10,934 \div 14 =$	
69	$18,408 \div 708 =$	
70	$35,241 \div 691 =$	
71	$8,358 \div 597 =$	
72	$46,410 \div 85 =$	
73	$85,281 \div 917 =$	
74	$21,574 \div 469 =$	
75	$17,556 \div 28 =$	
76	$5,568 \div 16 =$	
77	$57,761 \div 89 =$	
78	$64,184 \div 904 =$	
79	$20,625 \div 25 =$	
80	$23,188 \div 682 =$	

(練習 - 008)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 008)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算 (200点)	点
-------------------	---

No	1	2	3	4	5
1	835	203	659	921	702
2	938	504	957	657	843
3	247	326	-143	430	-289
4	712	695	-567	791	-406
5	487	972	731	975	762
6	965	859	846	394	638
7	367	418	-291	657	-179
8	593	265	-379	735	-496
9	901	106	421	290	964
10	302	695	523	839	365
計					

No	11	12	13	14	15
1	673	836	801	164	854
2	709	493	539	709	921
3	912	591	-395	218	-216
4	659	370	-497	179	-452
5	718	217	631	613	531
6	492	871	912	506	607
7	639	617	576	168	-279
8	521	740	-201	516	-367
9	837	312	-508	475	876
10	518	137	839	957	135
計					

No	6	7	8	9	10
1	483	976	456	543	249
2	236	742	810	672	487
3	904	-573	645	-346	341
4	653	-125	831	-469	704
5	362	536	953	583	351
6	294	943	730	970	820
7	987	-138	214	-209	308
8	326	-460	730	-590	875
9	853	751	986	298	179
10	167	184	259	983	738
計					

No	16	17	18	19	20
1	162	876	769	897	908
2	958	587	371	639	679
3	847	-124	536	-518	534
4	180	-420	409	-106	310
5	573	601	234	532	506
6	257	837	143	913	154
7	941	573	356	-489	865
8	597	-475	518	-302	257
9	983	-216	934	569	348
10	741	312	503	924	421
計					

B かけ暗算 (No. 2 1 ~ No. 5 0)

B かけ暗算 (150点)	点
------------------	---

21	$802 \times 97 =$
22	$710 \times 86 =$
23	$81 \times 257 =$
24	$234 \times 81 =$
25	$71 \times 103 =$
26	$92 \times 217 =$
27	$290 \times 58 =$
28	$97 \times 412 =$
29	$85 \times 354 =$
30	$359 \times 13 =$
31	$740 \times 29 =$
32	$357 \times 91 =$
33	$15 \times 629 =$
34	$504 \times 12 =$
35	$78 \times 834 =$
36	$960 \times 72 =$
37	$54 \times 830 =$
38	$786 \times 14 =$
39	$87 \times 475 =$
40	$92 \times 516 =$
41	$471 \times 61 =$
42	$162 \times 34 =$
43	$28 \times 172 =$
44	$914 \times 25 =$
45	$36 \times 583 =$
46	$910 \times 71 =$
47	$31 \times 695 =$
48	$976 \times 36 =$
49	$87 \times 640 =$
50	$64 \times 485 =$

C わり暗算 (No. 5 1 ~ No. 8 0)

C わり暗算 (150点)	点
------------------	---

51	$11,324 \div 149 =$
52	$6,794 \div 43 =$
53	$11,151 \div 189 =$
54	$64,454 \div 67 =$
55	$10,614 \div 58 =$
56	$2,730 \div 105 =$
57	$33,180 \div 84 =$
58	$35,280 \div 56 =$
59	$30,889 \div 391 =$
60	$69,368 \div 754 =$
61	$32,640 \div 640 =$
62	$30,115 \div 95 =$
63	$3,038 \div 217 =$
64	$20,709 \div 39 =$
65	$13,280 \div 83 =$
66	$47,164 \div 907 =$
67	$36,024 \div 38 =$
68	$21,700 \div 62 =$
69	$84,825 \div 975 =$
70	$44,368 \div 472 =$
71	$19,941 \div 391 =$
72	$40,248 \div 516 =$
73	$47,450 \div 73 =$
74	$12,636 \div 324 =$
75	$9,078 \div 17 =$
76	$8,673 \div 59 =$
77	$18,480 \div 385 =$
78	$17,892 \div 63 =$
79	$14,880 \div 32 =$
80	$12,810 \div 915 =$

(練習 - 009)

そろばんは永久に不滅です

1 級

(制限時間 1 2分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 009)

1 級

A みとり暗算 (No. 1 ~ No. 20)

名前

A みとり暗算
(200点)

点

No	1	2	3	4	5
1	492	382	621	756	986
2	158	861	976	395	749
3	741	276	-145	608	-290
4	654	957	-319	403	-109
5	185	398	842	601	960
6	796	237	681	836	859
7	524	321	-406	254	-432
8	689	596	-247	329	-374
9	230	325	102	731	295
10	943	917	204	195	621
計					

No	11	12	13	14	15
1	824	894	596	379	904
2	652	961	694	913	583
3	359	130	-496	186	-264
4	208	207	-341	651	-319
5	103	459	958	862	954
6	516	948	536	176	825
7	853	296	697	621	306
8	250	315	-132	259	-532
9	463	904	-213	947	-320
10	250	149	956	208	196
計					

No	6	7	8	9	10
1	972	504	764	642	169
2	531	805	382	847	860
3	364	-308	741	-475	649
4	657	-519	439	-349	310
5	836	934	167	547	579
6	314	659	420	618	407
7	102	916	286	274	529
8	860	-327	963	-527	163
9	421	-403	246	-140	729
10	634	247	680	643	280
計					

No	16	17	18	19	20
1	283	901	524	624	245
2	375	617	832	546	132
3	750	-486	764	-419	571
4	381	-149	351	-152	983
5	527	745	614	783	728
6	695	856	583	819	497
7	401	-214	397	-105	902
8	815	-360	642	-239	457
9	982	837	406	520	926
10	576	285	615	239	132
計					

B かけ暗算 (No. 2 1 ~No. 5 0)

B かけ暗算 (150点) 点

21	$64 \div 72 =$
22	$469 \times 2 =$
23	$94 \times 182 =$
24	$75 \div 45 =$
25	$97 \times 617 =$
26	$78 \div 23 =$
27	$54 \times 487 =$
28	$407 \times 82 =$
29	$25 \times 63 =$
30	$79 \times 954 =$
31	$483 \times 9 =$
32	$12 \times 865 =$
33	$306 \times 92 =$
34	$62 \times 39 =$
35	$38 \times 283 =$
36	$73 \div 47 =$
37	$18 \times 364 =$
38	$64 \times 513 =$
39	$895 \times 3 =$
40	$78 \div 42 =$
41	$985 \times 24 =$
42	$83 \times 36 =$
43	$950 \times 75 =$
44	$57 \times 308 =$
45	$176 \times 83 =$
46	$64 \times 97 =$
47	$926 \times 12 =$
48	$89 \times 415 =$
49	$480 \times 67 =$
50	$54 \times 793 =$

C わり暗算 (No. 5 1 ~No. 8 0)

C わり暗算 (150点) 点

51	$20,352 \div 318 =$
52	$35,445 \div 85 =$
53	$12,240 \div 240 =$
54	$37,937 \div 59 =$
55	$36,176 \div 476 =$
56	$26,680 \div 29 =$
57	$27,840 \div 960 =$
58	$7,809 \div 57 =$
59	$10,920 \div 30 =$
60	$85,173 \div 89 =$
61	$10,868 \div 572 =$
62	$74,025 \div 75 =$
63	$16,168 \div 376 =$
64	$19,224 \div 54 =$
65	$7,296 \div 38 =$
66	$32,340 \div 924 =$
67	$52,809 \div 87 =$
68	$17,822 \div 38 =$
69	$42,510 \div 654 =$
70	$19,608 \div 516 =$
71	$5,832 \div 108 =$
72	$75,194 \div 82 =$
73	$13,104 \div 546 =$
74	$39,984 \div 784 =$
75	$10,962 \div 29 =$
76	$29,707 \div 61 =$
77	$19,762 \div 82 =$
78	$27,135 \div 405 =$
79	$59,569 \div 71 =$
80	$3,328 \div 104 =$

(練習 - 010)

そろばんは永久に不滅です

1 級

(制限時間 12分)

名前 _____

みとり暗算	かけ暗算	わり暗算	合計
点	点	点	点

(練習 - 010)

1 級

A みどりの暗算 (No. 1 ~ No. 20)

名前

A みどりの暗算
(200点)

点

No	1	2	3	4	5
1	862	968	874	547	849
2	627	235	793	629	632
3	492	130	-189	863	-547
4	581	713	-294	597	-218
5	325	379	950	120	830
6	943	130	627	248	528
7	847	501	-125	670	-237
8	675	680	-318	907	-348
9	396	928	816	852	957
10	643	210	703	947	704
計					

No	11	12	13	14	15
1	836	231	723	805	921
2	107	358	589	360	879
3	825	695	-364	461	-497
4	136	437	-407	329	-302
5	632	162	720	915	674
6	380	250	917	367	806
7	257	721	841	981	-109
8	315	150	-132	389	-431
9	769	943	-365	683	146
10	243	891	746	319	581
計					

No	6	7	8	9	10
1	103	902	268	928	943
2	428	769	930	563	741
3	723	-430	189	-286	615
4	537	-143	584	-108	962
5	831	507	382	650	396
6	179	765	845	761	437
7	861	-231	578	843	508
8	135	-312	237	-276	183
9	784	537	371	-380	984
10	421	379	237	192	470
計					

No	16	17	18	19	20
1	254	503	459	571	603
2	701	921	784	920	392
3	247	-368	623	-532	289
4	106	-231	394	-230	413
5	859	965	946	532	768
6	234	639	154	978	263
7	768	-392	492	481	784
8	256	-493	691	-208	493
9	358	164	723	-312	604
10	764	381	670	240	372
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